



# hub

Bar Kitchen Lounge

## Starters

**Moules mariniere** £7

**Potted crab** & hot buttered toast £6

**Freshly made soup** & toasted focaccia £4

**Seared Newlyn scallops**, black pudding with pea & mint puree £8

**Pan fried St Ives mackerel fillets**, creamed horseradish & dressed leaves £4

**Goats cheese**, sun-dried tomato & caramelized red onion tart £5

## Sandwiches

**Rare roasted beef**, watercress & horseradish mayo £6

**Roasted red pepper, rocket & grilled goats cheese** on toasted sour dough £5

**Newlyn Crab**, rocket & citrus mayo £7

## Mains

**Fish chowder.** Newlyn smoked haddock & mussel chowder with a parmesan crouton £8

**Pan roasted chicken.** Supreme of local chicken, with black pudding on creamy leeks & mash £7

**Fish and chips.** Pan fried Cornish haddock, hand cut chips & crushed minted peas £8

**Moules frites.** A kilo pot of Fowey mussels in a classic mariniere sauce & hand cut chips £15

**Risotto.** Pea, mint & broad bean risotto with fresh parmesan shavings £6

**Sausage & mash.** Cumberland sausage ring with colcannon and onion gravy £7

**Freshly caught local fish** simply cooked.

**A daily home-baked pie** with mash

**See specials board details**

## Grill

**Char-grilled burger.** Hub cheeseburger, prime minced Cornish steak, Monterey Jack, Sour dough roll & hand cut chips £8

**Cornish rib eye.** 21 day Cornish rib eye steak, hand cut chips, mushrooms & béarnaise sauce £14

**Pork chop**, scalloped potatoes, winter greens & caramelised quince £8

## Sides

**Hand cut chips** £3

**Smooth mash** £2

**French beans** £2

**Minted new potatoes** £2

**Buttered carrots** £2

**Creamed leeks** £2

**Home made breads** £3

**Green or mixed salad** £2/£3

## Children

**Moules frites** £6

**Haddock goujons** & hand cut chips £5

**Tortilla chips**, sweet red pepper relish, melted cheese & sour cream £4

**Linguine Carbonara** £4

## Desserts

**Apple & plum crumble** with clotted cream £4

**Rice pudding** & boozy prunes £4

**Sticky Toffee pudding** with vanilla bean ice cream £4

**Bread & Butter** pudding with clotted cream £4

**Bitter chocolate Torte** & Amaretto cream £4

## Sunday Roast

**Roast prime sirloin of beef**, red wine and roasting juice gravy, roast potatoes, Yorkshire pudding, cauliflower cheese, winter greens, creamed leeks & buttered carrots £10

## Breakfast

**Full English breakfast** £7

**Free range eggs on toast.** Fried, scrambled or poached £4

**Cornish smoked bacon roll** £4

**Bangers in a warm roll** £4

**Big breakfast roll**, sausage, bacon & egg £5

**A free tea, coffee or fruit juice with all breakfasts**

## Our Menu

Satisfying, tasty, local and proud, you our customer properly fed and happily watered.

All our food is sourced locally & cooked fresh to order.

We would like you to know that some of our dishes may contain nuts and we never knowingly use genetically modified foods. For further information on our menu please speak to one of the team.